

Introduction to Neuroscience (NEUR 101)

"Anyone who thinks that scientists can't be artists need look no further than Dr. Greg Dunn and Dr. Brian Edwards. The neuroscientist and applied physicist have paired together to create an artistic series of images that the artists describe as "the most fundamental self-portrait ever created." Literally going inside, the pair has blown up a thin slice of the brain 22 times in a series called *Self-Reflected*." <u>https://mymodernmet.com/self-reflected-brain-scientific-art/</u>

George Mason University

Summer 2021 Term A (May 17, 2021-June 18, 2021)

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Instructor: Greta Ann Herin, Ph.D. Term Associate Professor, Interdisciplinary Program in Neuroscience. Email: <u>gherin@gmu.edu</u>

Office hours: Most Tuesdays and Thursdays 1pm-3pm, Wednesdays 7-8 pm, some Monday, Friday and, Saturday sessions as needed, and also by appointment during business hours.

- 5/19 Last day to add classes, last day to drop for 100% refund.
- 5/25 Last day to drop (50% tuition penalty)
- 6/18 University Closed (Juneteenth)
- 5/26-6/1 Selective withdrawal period

Course Description

Online and asynchronous. Portions of this syllabus are taken or modified from my colleague Dr. Wendy Lewis.

(from the GMU catalog): This course is for students interested in the science of the brain from its evolutionary origins to its role in health and behavior. We examine systems that make up the brain from neurons to circuits. We explore trends in neuroscience experimentation including neuroimaging, computational neuroscience and neuropharmacology. Offered by Neuroscience. Limited to three attempts.

Mason Core: is a Natural Science, non-lab Mason Core course

Grading: This course is graded on the Undergraduate Regular scale.

Blackboard Login Instructions

Access to <u>MyMason</u> and GMU email are required to participate successfully in this course. Please make sure to update your computer and prepare yourself to begin using the online format BEFORE the first day of class. Check <u>the IT Support</u> <u>Center</u> website. Navigate to <u>the Student Support page</u> for help and information about Blackboard. In the menu bar to the

left you will find all the tools you need to become familiar with for this course. Take time to learn each. Make sure you run a system check a few days before class. Become familiar with the attributes of Blackboard and online learning.

Required Textbooks

No Textbook Required

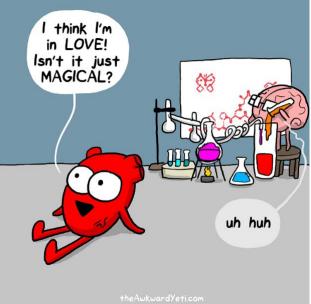
Course Learning Outcomes

<u>Natural Science Core Learning Goals</u> After completion of this course, students will be able to:

- 1. Understand how scientific inquiry is based on investigation of evidence from the natural world, and that scientific knowledge and understanding.
 - evolves based on new evidence
 - differs from personal and cultural beliefs
- 2. Recognize the scope and limits of science.
- 3. Recognize and articulate the relationship between the natural sciences and society and the application of science to societal challenges (e.g., health, conservation, sustainability, energy, natural disasters, etc.).
- 4. Evaluate scientific information (e.g., distinguish primary and secondary sources, assess credibility and validity of information).

Neuroscience specific learning goals After completion of this course, students will be able to:

- 5. Describe how the human nervous system is organized from development into adulthood.
- 6. Understand the key mechanisms of brain activity such as action potentials and brain waves.
- 7. Describe how the brain mediates our daily activities from sleep to eating to remembering.
- 8. Appreciate how the nervous system controls complex activities such as movement.
- 9. Understand the basis of key human brain diseases such as Alzheimer's and Parkinson's Disease.
- 10. Find and interpret various types of scientific literature, distinguish the quality of and relevance of sources.



- 11. Evaluate current ethical debates in neuroscience.
- 12. Describe how current technology is used to advance understanding in neuroscience.

Technology Requirements

Hardware: You will need access to a Windows or Macintosh computer with at least 2 GB of RAM and access to a fast and reliable broadband internet connection (e.g., cable, DSL). A larger screen is recommended for better visibility of course material. You will need speakers or headphones to hear recorded content and a headset with a microphone is recommended for the best experience. For the amount of Hard Disk Space required taking a distance education course, consider and allow for:

- 1. the storage amount needed to install any additional software and
- 2. space to store work that you will do for the course.

If you consider the purchase of a new computer, please go to <u>Patriot Tech</u> to see recommendations.

Software: We use Blackboard as the learning management system. You will need a browser and operating system that are listed compatible or certified with the Blackboard version available on the <u>myMason Portal</u>. See <u>supported browsers</u> and <u>operating systems</u>. Log in to <u>myMason</u> to access your registered courses. Some courses may use other learning management systems. Check the syllabus or contact the instructor for details. Online courses typically use <u>Acrobat</u> <u>Reader</u>, <u>Flash</u>, <u>Java</u>, and <u>Windows Media Player</u>, <u>QuickTime</u> and/or <u>Real Media Player</u>. Your computer should be capable of running current versions of those applications. Also, make sure your computer is protected from viruses by downloading the latest version of Symantec Endpoint Protection/Anti-Virus software for free <u>here</u>.

Students owning Macs or Linux should be aware that some courses may use software that only runs on Windows. You can set up a Mac computer with Boot Camp or virtualization software so Windows will also run on it. Watch <u>this video</u> about using Windows on a Mac. Computers running Linux can also be configured with virtualization software or configured to dual boot with Windows.

Note: If you are using an employer-provided computer or corporate office for class attendance, please verify with your systems administrators that you will be able to install the necessary applications and that system or corporate firewalls

do not block access to any sites or media types. We will not have any course-specific software other that what is necessary to participate in web-based activities.

Assignments Description: How will we achieve our learning objectives?

1. Unit Exams: There are 5 weekly exams. You will have two attempts for each exam. The highest score will be your grade for that exam. You will have 1 hour to complete the exam. You may utilize all the resources provided for you on Bb, but all answers must be in your own words, not sourced from the internet, and you must be working alone.

2. Online Discussion Board Posts Your discussion will be graded based upon the rubric, which looks to quality, timeliness, responsiveness, and moving the discussion forward. Discussions will run from **Monday to Sunday**, after which discussion postings will not count. You are expected to participate throughout the week in the discussions -not clump them all together on one day (see rubric).

Each of you should make a minimum of one response addressing the key question (no later than Thursday 10:00 pm) AND then also make a minimum of two additional comments to responses made from your classmates (no later than Sunday 10:00 PM). You will be given online discussion participation points based on the quality of your responses.

3. **Final Exam Essay** The final exam will be essay in nature addressing big picture questions in neuroscience such as structure/function relationships, analysis across analytical levels, underlying causes of diseases, and applying the scientific process. Essay questions will be given in advance of the exam and you are free to ask for coaching from the professor in preparation for the exam. Essay question answers must be in your own words or properly cited and you must work alone on these.

4. Literature analysis project

In this project, you will work in groups and your group will be given a potential treatment for a neurodegenerative disease. The treatment may be real or fictitious. You will work with the group to analyze current literature and determine the likelihood that the treatment will work. More details will be given in Bb.

5. **Participation points** You will be awarded points for each time you visit office hours, up to the maximum points available. In addition, you may earn participation points by interacting to positively impact the learning environment by asking questions on the topic, answering questions on the topic not otherwise counted for discussion board points, etc. These points are at the discretion of the instructor. More information will be posted on Bb if necessary.

Course Policies

Late Assignments: All assignments must be turned in on the due date given on the assignment. Late assignments are subject to a 20% penalty.

Instructor-Student Communication: I will respond to your emails within 48 hours. If I will be away from email for more than one day, I will post an announcement in the Blackboard course folder. Before sending an email, please check the following (available on your Blackboard course menu) unless the email is of a personal nature:

- 1. Syllabus
- 2. Discussion board topic on general course questions.
- 3. On-demand Blackboard videos on how to use Blackboard features, and Technical Requirements.

Feel free to respond to other students in the Discussion Board topic on general course questions forum if you know the answer.

Technology. You will need a reliable computer and internet access to view course materials in Blackboard.

Grading Scale

| A | 93-100 | С | 72-77.9 |
|----|---------|----|---------|
| A- | 90-92.9 | C- | 70-71.9 |
| B+ | 88-89.9 | D+ | 68-69.9 |
| В | 82-87.9 | D | 62-67.9 |
| B- | 80-81.9 | F | 0-61.9 |
| C+ | 78-79.9 | | |

University Policies and Resources

- a. <u>Academic Honesty:</u> You are expected to be familiar with and abide by the University's Honor Code. The Code can be found <u>here</u>. It is your responsibility to see me if you have questions about these policies. All of the honor code must be followed in this course, but a few of the most important rules that pertain to this course are as follows:
 - i. All work submitted must be your own should be done individually unless explicitly stated otherwise. You will be encouraged to discuss ideas, collaborate, and brainstorm with your classmates, but actual assignments need to be completed individually.
 - ii. When referencing the work of others (this includes published and non-published work or ideas), full credit must be given through appropriate citations.
 - iii. If you are ever unsure about the rules for an assignment, ask for clarification. Cheating and plagiarism of any form is not tolerated. Plagiarism means using the exact words, opinions, or information from another person without giving the appropriate credit. Any offense will result in a grade of F for the assignment and/or course and will be dealt with in accordance with university regulations.
- b. Students must follow the university policy for Responsible Use of Computing
- c. <u>Student services</u>: The University provides range of services to help you succeed academically and you should make use of these if you think they could benefit you. I also invite you to speak to me (the earlier the better).
- d. Students are responsible for the content of university communications sent to their George Mason University email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- e. <u>The George Mason University Counseling and Psychological Services (CAPS)</u> staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance. Counseling Center: Student Union I, Room 364, 703-993-2380.
- f. Students with disabilities who seek accommodations in a course must be registered with the <u>George Mason</u> <u>University Office of Disability Services (ODS)</u> and inform their instructor, in writing, at the beginning of the semester. All academic accommodations must be arranged through that office. Please note that

accommodations <u>MUST BE MADE BEFORE</u> assignments or exams are due. I cannot adjust your grade after the fact.

- g. <u>The George Mason University Writing Center</u> staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing. University Writing Center: Robinson Hall Room A114, 703-993-1200. The writing center includes assistance for students for whom English is a second language.
- h. <u>Diversity</u>: George Mason University promotes a living and learning environment for outstanding growth and productivity among its students, faculty and staff. Through its curriculum, programs, policies, procedures, services and resources, Mason strives to maintain a quality environment for work, study and personal growth.

| | | Due date (10pm unless otherwise |
|--------------------------|---|---------------------------------------|
| Date | Торіс | indicated) |
| Monday, May 17, 2021 | Introduction, What is Neuroscience? | |
| Tuesday, May 18, 2021 | Cells of the Nervous System | |
| Wednesday, May 19, 2021 | Building a Brain: Development | |
| Thursday, May 20, 2021 | Organization of the Nervous system | Post Discussion 1 Answer |
| Friday, May 21, 2021 | Scientific Principles I: Evidence-Based Science | |
| Saturday, May 22, 2021 | | Post 2 Replies to Discussion Question |
| Sunday, May 23, 2021 | | Test 1 Due |
| Monday, May 24, 2021 | Action Potentials and Synapses | |
| Tuesday, May 25, 2021 | Scientific Principals II: Sources | |
| Wednesday, May 26, 2021 | The Senses Part 1 | |
| Thursday, May 27, 2021 | The Senses Part 2 | Post Discussion 2 Answer |
| Friday, May 28, 2021 | The Senses Part 3 | |
| Saturday, May 29, 2021 | | Post 2 Replies to Discussion Question |
| Sunday, May 30, 2021 | | Test 2 Due |
| Monday, May 31, 2021 | Movement Part 1 | |
| Tuesday, June 1, 2021 | Movement Part 2 | |
| | Scientific Principals III: Methods and Emerging | |
| Wednesday, June 2, 2021 | Technologies | |
| Thursday, June 3, 2021 | Learning and Memory Part 1 | Post Discussion 3 Answer |
| Friday, June 4, 2021 | Learning and Memory Part 2 | Consults for Literature Analysis |
| Saturday, June 5, 2021 | | Post 2 Replies to Discussion Question |
| Sunday, June 6, 2021 | | Test 3 Due |
| Monday, June 7, 2021 | Blood: Feeding the Nervous System | |
| Tuesday, June 8, 2021 | Injury and Regeneration | Final Essay Questions Due to You |
| Wednesday, June 9, 2021 | Neurodegenerative Diseases | Student's Choice Topic Ideas Due |
| Thursday, June 10, 2021 | Emotion, Mood and Behavior | Post Discussion 4 Answer |
| Friday, June 11, 2021 | Sleep and Circadian Rhythms | Deadline for Literature Analysis |
| Saturday, June 12, 2021 | | Post 2 Replies to Discussion Question |
| Sunday, June 13, 2021 | | Test 4 Due |
| Monday, June 14, 2021 | Stress and Mental Health | |
| Tuesday, June 15, 2021 | Scientific Principals IV: Neuroethics | Post Discussion 5 Answer |
| Wednesday, June 16, 2021 | Student's choice topic | Deadline for Participation points |
| Friday, June 18, 2021 | Test 5 + Essay | |