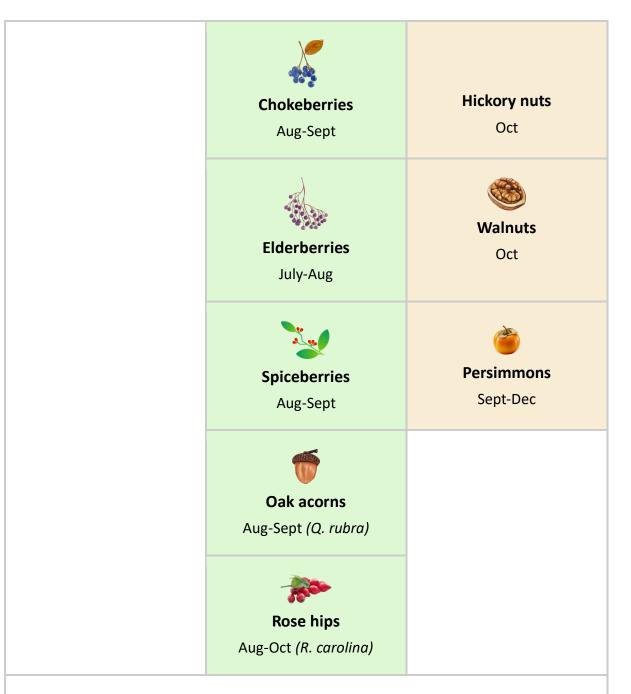
Foragers' Forest

'What's Edible When' Calendar

Spring	Summer	Fall
Redbud flowers Mar-May	Serviceberries June-July (A. laevis)	Oak acorns Sept-Oct (Q. alba, Q. bicolor)
Violet flowers Mar-June	Plums July-Aug (P. americana)	Rose hips Sept-Oct (R. palustris)
Strawberries May-June	Huckleberries July-Aug	Chestnuts Sept-Oct
Serviceberries May-June (A. canadensis)	Blueberries June-Sept (V. pallidum) July-Aug (V. corymbosum)	Black Haw fruits Sept-Oct
Plums May-July (P. angustifolia)	Sumac berries Aug-Sept	Hazelnuts Sept-Oct



References: Flora of Virginia. The Forager's Harvest & Nature's Garden by Samuel Thayer.

Safety note: some foods require processing to be made safe-to-eat. Please do your research, be sure of plant identification, and use caution when trying a new food.